

**Course Name:** REC255 Internship: Sport Conditioning  
**Credit Value:** 6  
**Prerequisite Course:** None

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### Course Description

The first half of the semester will consist of a series of professional development workshops. In addition, students will conduct job related research and make formal presentations on current issues and trends affecting their profession. The course also provides an introduction on small business development. During the second half of the semester students will complete a seven-week internship.

### PLAR Information

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### Course Learning Outcomes

Upon completion of this course, the student will have reliably demonstrated the ability to:

- 1. Conduct research on sport conditioning agencies and organizations that will assist with securing employment.**
  - 1.1 Identify agencies, programs, and services that offer assistance in obtaining employment.
  - 1.2 Discuss the hiring process and employers' expectations.
  - 1.3 Identify additional certifications and professional development opportunities required to successfully obtain employment in a sport conditioning career.
- 2. Comprehend the process to develop a small business.**
  - 2.1 Discuss the process to develop a small business plan.
  - 2.2 Identify government and private departments and agencies that assist in small business development.
- 3. Understand current issues and trends.**
  - 3.1 Research trends and issues currently impacting the growth and development of recreation profession.
  - 3.2 Present information concerning a trend or issue that will have either a positive or negative effect on the sport conditioning profession.
- 4. Establish goals and objectives for internship.**
  - 4.1 Investigate immediate and future career paths.
  - 4.2 Write learning outcomes for internship.
  - 4.3 Contact potential internship opportunities.
  - 4.4 Arrange and complete an interview for internship.
- 5. Complete seven-week internship.**
  - 5.1 Plan and complete a seven-week internship.
  - 5.2 Adhere to internship learning objectives.
  - 5.3 Submit weekly journals.
  - 5.4 Advise program faculty advisor and internship supervisor of any problems associated with internship.
  - 5.5 Demonstrate professional behaviour during internship.

## Evaluation Strategy

### Grading System

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A+ Honours	90-100%										
A+	85-89%	B+	75-79%	C+	65-69%	D+	55-59%	R	Repeat	U	Unsatisfactory
A	80-84%	B	70-74%	C	60-64%	D	50-54%	S	Successful	I	Incomplete

\*For a complete detailed description please refer to the *Academic Calendar*.

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### Student Success

#### (Dial 5185 for Campus Life or 5301 for the Aboriginal Learning Unit)

Canadore is committed to Student Success and offers CONFIDENTIAL services to help you in your studies.

- Counselling helps with academic, career and personal/crisis issues.
- AccessAbility Services will accommodate you if you have physical, mobility, visual, auditory, medical and/or learning disabilities.
- Health Centre provides services to you in case of illness.
- Career Services offers career advice, resume and interviewing workshops.

### Waiver of Responsibility

Every attempt is made to ensure the accuracy of this information as of the date of publication. The college reserves the right to modify, change, add, or delete content.