

# ***Post-Secondary Education Transition Planner***



Spencer J. Harrison, 1999

## ***Centre of Excellence in Disability Integration***



Careful planning for post-secondary education is important for all students who want to continue their studies beyond high school. For prospective students with a disability, this planning process is particularly important. Canadore College's Disability Services offers this Transition Planner to help prospective students who have disabilities to plan and prepare for the next step on their education path. We hope that you will find this guide useful as you research and decide what you will do to continue your education / vocational career goals.

The main areas to consider when making the decision to continue your studies at the post-secondary level of study:

- **Know your own unique learning style, strengths, and weaknesses.**

This understanding often begins with a clear diagnosis of your learning abilities. Such a diagnosis can only be gained through a complete psycho-educational assessment at an age when your current cognitive and academic levels can be measured. Through this process you can gain insight into your learning style, and you are given recommendations for developing and/or adapting strategies to improve your learning abilities.

- **Identify the supports, which you will need to obtain at the post-secondary level in order to adapt your style to that educational system.**

It is important that you contact the college's Special Needs Services in order to ask questions about the support systems that you need to help you with your academic and lifestyle needs. Knowing what they offer is important to you, the student with a disability, because it is at this point in your life that you are changing your support system, possibly for the first time.

- **Prepare for the increased academic demands of the post-secondary environment.**

There are more demands in reading, writing, and thinking at the post-secondary level than at the high school level. Some students become overwhelmed when they find that the strategies which, served them so well during their high school studies are no longer as effective with their college studies. Understanding these increased academic demands and possible adaptations to your existing strategies will provide you with a better opportunity to be successful at the post-secondary level.

Under current Ontario regulations psycho-educational assessments by a Registered Psychologist or a Psychological Associate using a formal battery of tests are generally referred to as a psycho-educational assessment. This formal assessment and the result summarized in report form are part of the foundation upon which support services are put into place at the post-secondary level for students with disabilities.

Please provide the following information regarding your psycho-educational assessment.

**\* Date of last formal assessment:** \_\_\_\_\_

**Name of assessing Psychologist/ Psychological Associate:**

\_\_\_\_\_

**Include the diagnostic statement from your assessment and reports (if you cannot identify a diagnostic statement, please leave this blank):**

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**If possible, please attach a copy of the latest assessment report.**

## Description of Your Individual Learning Style

**(To be completed by the student)**

Please use this page to describe, in your own words, your own individual learning style. You can do this by listing your learning strengths and weaknesses. Your learning strategies can then be identified according to how you apply your strengths or by what adaptations or accommodations you use to compensate for your weaknesses.

**My strengths:**

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**How I use my strengths:**

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**My weaknesses:**

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**Adaptations / Accommodations that work for me:**

**Questions I Need To Ask**

Use this page to list questions you will want to ask the college contacts about the support and services you will need.

**Person I should contact: Questions I need to ask:**

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## Student's Individual Academic Profile

Pages 5 and 6 should be completed by a high school teacher and/or resource person, rehabilitation specialist or sponsoring agency representative who is most familiar with your academic and vocational history and any accommodations or interventions that work for you.

**Date of Last IPRC or Rehabilitation Plan:**

**Student's learning strengths and aptitudes:**

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**Teaching and learning strategies that works well for this student:**

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**Specific areas of difficulty:**

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**Teaching and learning strategies that do not work well for this student:**

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**Academic Accommodations Provided:**

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**Has this student had instruction in any of the following academic techniques?**

- Note taking**
- Time Management**
- Test Taking Strategies**
- Effective Reading and Listening**
- Essay Research and Writing Techniques**
- Use of Computers**
- Use of Adaptive Technology (tape recorders, spell checker, organizer)**
- Other (specify):**

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**School, Rehabilitation Service Provider or Sponsoring Agency name and address:**

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**Phone:** \_\_\_\_\_

\_\_\_\_\_  
*(name)* *(signature)*

\_\_\_\_\_  
*(name)* *(signature)*

**Date:** \_\_\_\_\_

## Transition Planning Checklist

- I have a copy of my most recent IPRC or Rehabilitation Planning report?
- I have a copy of my most recent Individualized Education Plan (IEP)?
- I have a copy of my psycho-educational assessment?
- I have a copy of my transcript?
- I have my medical information I need to share (e.g. medications I am taking)?
- I have made contact with the Special Needs Office at Canadore College?

School Name: \_\_\_\_\_ Contact Person: \_\_\_\_\_

Phone #: \_\_\_\_\_

School Name: \_\_\_\_\_ Contact Person: \_\_\_\_\_

Phone #: \_\_\_\_\_

School Name: \_\_\_\_\_ Contact Person: \_\_\_\_\_

Phone #: \_\_\_\_\_

- I have prepared a set of questions to ask regarding accommodations for my specific disability?
- I have visited campuses I wish to attend (either electronically or in person)?
- I have completed the Individual Learning Style page of this transition planner?
- I have asked someone at my school, or my rehabilitation service provider to complete the Individual Academic Profile page of this planner?

Your Transition experience will be made easier if you complete all sections of this planner and bring it (and the supporting documents) with you as you meet with the resource person(s) at the college.

### **Canadore College Special Needs Services**

**100 College Drive P.O. Box 5001 North Bay, ON P1B 8K9**

**(705) 474 7600, ext. 5205**

**TDD: (705) 495 2862**

**Fax: (705) 495 2862**

**E-mail: [specialneeds@canadorec.on.ca](mailto:specialneeds@canadorec.on.ca)**

**[www.canadorec.on.ca](http://www.canadorec.on.ca)**